

International Leadership Conference: Coaching 2021 Turning Point

Turning Point

25.05.2021

Telliskivi Creative City, Tallinn, ESTONIA

[Location info](#)



5 international headliners; 9 presentations and discussions in English; 5 demo-coachings by leading coaches from around the globe; Afterparty and networking.



BUY a TICKET HERE!

PROGRAM IN ESTONIAN

PROGRAMM

25.05.2021

09:00 - 09:30

○ WELCOME!

Morning coffee and networking

09:30 - 09:45

○ START!



Karl Kermes Conference moderator, Certified coach, Stand-up theater Point founder

09:45 - 10:30

○ Beliefs, Barriers and Bottom Line: Creating lasting habits to boost performance



Steve Neale (UK) Executive Coach, Psychotherapist, International Author and Speaker

The neuroscience of change and why humans resist change. Elephants and Riders and what is Limbic Change? The key role beliefs play in change. Levels of consciousness and avoiding "victimitis". Lasting change and avoiding honeymoons. A toolkit for change – working effectively with elephants and riders.

10:30 - 10:55

○ Energy break and networking

10:55 - 11:00

○ II Session: Focus on coaching

11:00 - 11:30

○ 4 Scientific Discoveries about Coaching in Estonia



Signe Vesso (Estonia) PhD, Certified Supervisor/Coach, Leadership Trainer, ESCÜ



Jaanika Rannula (Estonia) Certified Supervisor/Coach, Leadership Trainer, ESCÜ



Kristi Põldma (Estonia) Certified Supervisor/Coach Tammiste Personalibüroo Recruitment Partner



Maarja Metstak (Estonia) Executive Coach, Supervisor, Psychotherapist

How coaching has supported:
- work efficiency and well-being of managers?
- change management processes and

11:00 - 11:30

○ Demo-coaching



Steve Neale (UK) Executive Coach, Psychotherapist, International Author and Speaker

implementation?
- coaching culture and coaching leadership style in organization?
In exciting dialogue, you will hear about findings of the leadership, creative and team coaching processes for Estonian leaders and companies.

11:30 - 12:00

○ Resourcing yourself from the system



John Whittington (UK) Author
"Systemic Coaching & Constellations"

Staying connected to your inner and external resources is key if you are to support others to find theirs and flourish. In this introduction to systemic coaching with constellations John will first introduce participants to the stance and principles of the approach and then facilitate a demonstration using the practice of system mapping and constellations.

11:30 - 12:00

○ Demo-coaching



Gaurav Arora (India) ICF,
Master Certified Coach, Facilitator
and Speaker

12:00 - 12:30

○ Coaching as a way to develop innovative leadership culture in SEB



Eerika Vaikmäe-Koit (Estonia) SEB bank, Head of Baltic Business Development & MarCom

Using SEB as an example, I will talk about how promoting coaching and coachive leadership style can foster innovation mindset and new ways of working in an organization by creating a space of psychological safety for teams and individuals. I will share our journey and lessons learned at SEB.

12:00 - 12:30

○ Demo-coaching



John Whittington (UK) Author
"Systemic Coaching & Constellations"

12:30 - 13:30

○ Lunch and networking

13:30 - 14:20

○ Discussion: Generations Blame Game - how to turn it around?



Piret Bristol (Estonia) ANSE board member, ISCI trainer, supervisor, coach

We invite participants to discuss! We are using the Open Space Technology (OST), Excellent solutions are placed on the community wall.

14:20 - 14:30

○ III session: Focus on leadership

14:30 - 15:00

○ What's your Song?



Gaurav Arora (India) ICF, Master Certified Coach, Facilitator and Speaker

Is life happening TO you? Or Is it happening FOR you? are two totally different questions and define the kind of life you would live and lead. Your life is crafted around your song. The keynote session revolves around deepening your awareness to discover your default song and how it's impacting your doing, and being.

15:00 - 15:30

○ New Reality: Re-balancing & Empowering High Performance Teams



Paulius Rate (Lithuania) ICF Professional Certified Coach, Executive & Team Coach

The audience will walk away with a framework for re-balancing the Relationships in the Team in post-COVID. *How to employ Team Coaching approach in hybrid local/remote teamwork modality; *How to create "Rapport Matrix" for addressing multi-faceted relationships around new emerging team situations; *How to re-define inclusion and facilitate vivid interaction in distributed teams.

15:30 - 15:45

○ Making career choices at the cross-roads



Kristjan Luha (Estonia) CCO of eAgronom, past Vice President at Nike

Following a 17 year Nike career, having lived and worked in various countries from The Netherlands to Russia and United States, Kristjan decided to return home to Estonia and join a startup that aspires to change the world.

What drove those choices? What were the triggers? How coaching and coaching tools has been part of his everyday life as a leader, person and athlete? How to adjust from a large corporation to a fast growing startup?

15:45 - 16:15

○ Energy break and networking

15:45 - 16:15

○ Demo-Coaching



Marcia Reynolds (USA) PsyD, ICF Master Certified Coach, President of Covisioning LLC and 5th Global President of the ICF

16:15 - 17:00

○ Be a Force in the World: The power of coaching to overcome fear, uplift consciousness and inspire courageous action



Marcia Reynolds (USA) PsyD, ICF Master Certified Coach, President of Covisioning LLC and 5th Global President of the ICF

When people are overwhelmed, stressed, and angry, coaching not only helps them see a way forward through the fog, it strengthens their will to act. This presentation will show you how to shift from focusing on problems to transforming minds. You will learn easy to implement practices that are more effective than trying to remember good questions, and three ways to prepare your mind to stay compassionately present during difficult conversations. Learn how to be a positive force in your community, organization, and the world with coaching.

17:00 - 18:30

FINAL: Afterparty and networking



Karl Kermes Conference moderator, Certified coach, Stand-up theater Point founder

We invite all participants to the Conference Cafe! Good music with a glass of sparkling wine.

TOETAJAD



TOPAUTO

LISAINFO

Osalemise tingimused

Palume teatada mitteosalemisest kirjalikult vähemalt 10 tööpäeva enne ürituse toimumist aadressil registreerimine@aripaev.ee. Sellisel juhul tagastame laekunud osalustasu või tühistame veel tasumata arve.

Kui teatate mitteosalemisest 5-9 tööpäeva enne konverentsi kuulub tasumisele 50% arvest.

Kui teatate mitteosalemisest hiljem või unustate teatada, osalustasu ei tagastata ja tasumisele kuulub 100% arvest.

Korraldaja võib üritusel teha pilte, videoid ja helisalvestisi ning jagada neid nii osalejatega kui ka avalikes meediakanalites, samuti kasutada sarnaste ürituste turundamiseks.

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Reklaam

Kui soovite tutvustada oma ettevõtet konverentsil, siis võtke ühendust sponsor@aripaev.ee või 667 0105.